

Module 11-1 - Learning and teaching theories

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Hello and welcome to this module.

In this module, we're going to examine theories of learning and conceptions of teaching.

From the outset, we must make it clear that there are several theories of learning, and each of these inform our teaching in different ways.

It's important to have a good understanding of these theories of learning to be able to apply them effectively in the higher education classroom - and improve student learning.

In this module, you will have the opportunity to find out more about how these theories of learning were developed over time through studies of children and animals, yet nevertheless are very relevant in the higher education classroom.

You will have the opportunity to reflect on your teaching and select the theories that apply best in your teaching situation. It's good to remember that as a higher education teacher you should be a 'double professional'. You should have a sound understanding of your own discipline, knowledge and skills, but also a sound understanding of learning theory and how to apply it effectively in the higher education classroom.

We hope that you enjoy this module.



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