Mick Grimley:

Hi, welcome to week 6 of the Autism MOOC. My name is Mick Grimley

Emma Donaldson:

And I am Emma Donaldson.

Mick Grimley:

This week we are going to be talking about resilience and we are going to be taking a little bit of a look at where to next from the Autism MOOC.

So Emma, tell us a little bit about what we mean by resilience.

Emma Donaldson:

Ok, so resilience is about resilience that is needed by the individual, the resilience that is needed by the parents and carers and the wider community whilst we support people with autism.

Resilience really is about the buoyancy that is required some of our experts in the previous weeks have talked about the networks that are needed and the platforms in order for us to be able to succeed against the challenges that we are presented with but also enjoy the triumphs as well.

Emma Donaldson:

Great. In terms of where to next, obviously, this is week 6, so this is the final week of our Autism MOOC. We’ve really enjoyed it, but what we are starting to think about now is where do go to next with our support for the Autism community. We really would like feedback from you so we are going to be thinking about that this week also.
Emma Donaldson:

So that’s it for our introduction to week 6, we wish you a wonderful week and we will look forward to seeing you in the wrap up.