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Title: Week 4: Labels (Autism MOOC)
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Mick Grimley:

Welcome to week four of Swinburne's Autism MOOC. My name is Mick Grimley.

Emma Donaldson:

And I'm Emma Donaldson.

Mick Grimley:

So Emma, this week, the topic that we are going to concentrate on is 'label'. Tell me a little bit about what you mean by this and why this is included in the MOOC.

Emma Donaldson:

Well, it's a really contentious topic and that's the reason why we've included it because we really want to challenge participants when they think about label. Label can mean so many things to people on the spectrum and those around them, so family members. So what we are really exploring here is the use of language and what that means and really using... and we'll be utilising our person first skills in this case because we are really putting ourselves in the shoes of the person that does get that diagnosis. We will also be exploring areas such as disclosure, disclosure in the workplace, things like that.

Mick Grimley:

OK. And we've got a skill called 'make a plan' this week. - Tell us a little bit about that.
Emma Donaldson:

Yeah. So this is the fourth skill in our series, and 'make a plan' is where we're putting together all the steps that we've already been working on and 'make a plan' is really explored in the activities where we actually go out and make a plan for the problem or the challenge that we've been facing this week.

Mick Grimley:

Sounds interesting. Again, I'm looking forward to really seeing participants interacting in the MOOC this week.

That concludes week four and I'll see you again next week.

Emma Donaldson:

OK. Bye.